## The Chain of Transmission and Breaking the Chain

## THE CHAIN OF TRANSMISSION

Each link in the chain represents a different factor that can lead to spread of an infection. When all the links in the chain are intact it allows for disease-causing microorganisms to spread.

## BREAKING THE CHAIN OF TRANSMISSION

To help stop the spread of an infection, break any of the links in the Chain of Transmission.

## **PUBLIC HEALTH**

1-800-361-5653 TTY: 1-866-512-6228 york.ca/InfectionPrevention



Cleaning and disinfection, sterilization
Physical distancing and proper air flow